



## Women's Adventure in Ontario: Wolf Howl Canoe Trip in Algonquin Park

The spirit of the wolf has attained mythological proportion but what is fact and what is fiction?

Building on our popular Running with Wolves **Women's retreat**, we hope for a closer encounter with these intriguing animals including an education in wolf ecology, animal tracking and the chance to find your voice when you try out your own wolf howl in Algonquin Park. Sometimes our calls get answered and the shy but curious pack ventures within a safe distance.

On September 20-23, our Women's Fall Colours Wolf Howl Yoga Canoe trip (featured as a **Yoga Journal's Dream Vacation** returns. Don't miss this one! Practice yoga in Algonquin Park.

**What's Included:** Meals are provided from dinner on Day One to Lunch on departure day. All Algonquin Park camping gear, equipment, canoes and safety gear are provided on these women's adventures, and your canoe trip will be led by an inspiring female adventure retreat facilitator.

**Who This Trip is For:** You appreciate the stillness of a quiet morning and want a guided, peaceful Algonquin Park Canoe Trip in the company of other women. Previous guests include singles, couples, small groups of friends and international travelers.

**What to Bring:** There is no need to purchase special equipment to enjoy this women's adventure canoe trip. Everything necessary is supplied and we provide a short packing list with registration to ensure your personal comfort.

**Easy to Get to:** Our Solar-powered nature retreat is nestled on the Edge of Algonquin Park. Served by bus, train and airport shuttle, we are happy to offer travel advice and driving directions.

**Next Steps:** We invite you to call us toll free at 1-800-953-3343 in North America or 705-386-1595 local or international (country code 001). You can also check availability of this **women's adventure retreat** online at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html).

*"I didn't join in the howling at first, but when I did I felt a tremendous sense of freedom. That's why I came."*

### 2007 Trip Dates

Sept 20-23

### 2008 Trip Dates

July 31 - Aug 3

Sept 18-21

### What to Expect

1 night at retreat

2 nights/3 days in Ontario's Algonquin Park  
3-5 hrs canoeing/day

Arrival: 2-4 pm

Departure: 3-5 pm

### Prices (before tax)

\$525/person or  
two for \$975

Sorry fellas, these trips into Ontario's Algonquin Park are just for the girls.

*Book your Women's Adventure Retreat today! You can check availability online at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html) or call us at 705.386.1595.*