

## Journey Within: Basic Shamanism

The focus of this retreat is learning and practicing the Shamanic Journey for the purpose of problem solving and restoring spiritual health and power for oneself and others. Percussion instruments have historically been used in indigenous cultures as doorways into the spiritual world. Aided by the beat of a drum, **shamanism retreat** participants are invited to enter into an altered state of consciousness to explore hidden worlds traveled by our ancient ancestors. Through connecting with spiritual allies, participants tap into infinite wisdom, which is otherwise difficult to achieve in ordinary reality.

**More About the Edge:** Northern Edge Algonquin, our home for **shamanism** retreats and adventures is a beautiful nature retreat built in harmony with the earth, at Ontario's Algonquin Provincial Park. Clean, green and dedicated to sustainability, the Edge is located on the edge of Algonquin Provincial Park, where the landscape affords many opportunities to explore shamanism.

**What to Expect:** Our cabin accommodations provide clean, simple comforts and abundant perspectives. Our mission lives not just in the events we host, but in our commitment to sustainability: serving up organic, locally raised foods, alongside fair trade goods, and preparing all meals fresh, and lovingly by hand. Shared dining, retreat and bathing facilities balance modern convenience with ecological principles providing an environment that enriches our personal growth retreat experiences.

**Easy to Get to:** Our Solar-powered nature retreat is nestled on the Edge of Algonquin Park. Served by bus, train and airport shuttle, we are happy to offer travel advice and driving directions to shamanism retreat participants.

**Next Steps:** We invite you to call us toll free at 1-800-953-3343 in North America or 705-386-1595 local or international (country code 001). You can also check availability of this shamanic retreat and other personal growth retreats online using our convenient webform at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html).

*"This process helped the voice within me become louder than the voices around me."*

### 2008 Retreat Dates

February 1-3, 2008

May 23-25, 2008

September 12-14, 2008

### What to Expect

2 nights/3 days

Arrival: 2-4 pm

Departure: 3-5 pm

### Prices (before tax)

Special Retreat Pricing:

\$447/person

(save \$51)

Program: \$180/p

Meals & Accommodation:  
from \$106/p/day

### Shamanic Retreat Facilitator

Martha Lucier is a student of Michael Harner (fss) and Sandra Ingerman. She has been teaching shamanism for 12 years and also facilitates Medicine for the Earth & Two Year Advanced Shamanism programs.

*Book your Shamanism Retreat today! You can check availability online at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html) or call us at 705.386.1595.*