

## Summer: Season of Blossoming Open, a Women's Retreat

Nature, in all its summer abundance, invites us to come into our own fullness... to open to Life! to Love! To Laughter! The natural world in all its summer glory has much to teach us about opening to our own strengths, our passions, our beauty, our longings and desires.

Join Paula Jackson for this summer women's retreat at the edge of Ontario's Algonquin Provincial Park. This **women's retreat** features: sacred circle, movement, drumming, guided meditation, self-massage, creative visualization, yogic practices, stories, journaling, voice .... and more.

Pick a water lily, put it in your hair, and celebrate possibility.

**More About the Edge:** Northern Edge Algonquin, our home for **personal growth** retreats and adventures is a beautiful nature retreat built in harmony with the earth, at Ontario's Algonquin Provincial Park. Clean, green and dedicated to sustainability, the Edge is located on the edge of Algonquin Provincial Park, where the landscape affords many opportunities to explore on this **women's retreat**.

**What to Expect:** Our cabin accommodations provide clean, simple comforts and abundant perspectives. Our mission lives not just in the events we host, but in our commitment to sustainability: serving up organic, locally raised foods, alongside fair trade goods, and preparing all meals fresh, and lovingly by hand. Shared dining, retreat and bathing facilities balance modern convenience with ecological principles providing an environment that enriches our personal growth retreat experiences.

**Easy to Get to:** Our Solar-powered nature retreat is nestled on the Edge of Algonquin Park. Served by bus, train and airport shuttle, we are happy to offer travel advice and driving directions.

**Next Steps:** We invite you to call us toll free at 1-800-953-3343 in North America or 705-386-1595 local or international (country code 001). You can also check availability of this women's retreat and other personal growth retreats online using our convenient webform at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html).

*" I built a cage to  
hide what I thought  
was unattractive.  
When I finally opened  
the door, I discovered  
a more complete self  
- resourceful, vibrant  
and confident."*

### 2008 Retreat Dates

July 10-13th, 2007

### What to Expect

3 nights/4 days

Arrival: 2-4 pm

Departure: 3-5 pm

### Prices (before tax)

2008 Early registration  
special: \$547/person  
(Save over \$100/p  
register by Jan. 1, 2008)  
Book with a friend to  
save 10%.

Women's Summer  
Retreat Program: \$240/p  
Meals & Accommodation:  
from \$106/p/day

*Book your Women's Retreat today! You can check availability online at  
[www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html) or call us at 705.386.1595.*